



Specialists in the Detection and Treatment  
of Digestive Diseases, Hepatology and Colon Cancer

## Guidelines For Colorectal Cancer Screening

	PATIENT DESCRIPTION	EVALUATION INDICATED			
		Digital Rectal Exam	Stool Hemocult	Colonoscopy	Sigmoidoscopy
Average Risk	AGE 50+ or 45+ if African American No symptoms; negative family history	Every year	Every year	Now, then every 5-10 years if negative	If colonoscopy not available, sigmoidoscopy plus air contrast barium enema would be second choice
	ANY AGE ADULT With personal history of colon polyps or cancer; first degree relative with colon cancer or colon polyps	Every year	Every year	Now, then every 3-5 years if negative	
High Risk	Blood in stool, iron deficiency or anemia	Every year	—	Now	—
	Ulcerative Colitis	Every year	—	Annually after 8 years with the disease	—
Other	<b>» Individualized Approach</b> Other GI symptoms such as abdominal pain, narrow stools, constipation or diarrhea, "gas" or distention; family history of gynecologic, breast or other GI cancer				

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